

1. Team name

2. Please comment on your team's thoughts of today's event

3. What benefits do you see from being part of this event?

4. In general do you think physical activity in care homes has increased? If YES what does your complex enjoy most e.g. walking, seated exercise, swimming. If NO please state why you think it has decreased.

5. Is there anything that would help you be more active with residents?

6. Any other comments